

NINJA RANGER BELT REQUIREMENTS:

BELT	KAMAE	STRIKE	KICK	BLOCK	UKEMI	TECHNIQUE
WHITE	BOBI DEFENSIVE READY	HAMMER FIST	HEEL STOMP	STOP IT WHOAH EASY HEY	SIDE ROLL	ANSWER THE PHONE WIPE THE TABLE DRAW A BIG CIRCLE RABBIT OUT OF THE HAT
YELLOW	ICHIMONJI FIGURE ONE	PALM STRIKE	PUSH KICK		FORWARD ROLL	IKKYO
ORANGE	JUMONJI FIGURE TEN	PUNCH	FRONT KICK		BACKWARD ROLL	OSOTOGARE
PURPLE	HIRA FLAT	HAPPA KEN	ROUND KICK	OPEN DOOR/ ROCK BOAT	SIDE BODY DROP	SACRIFICE THROW
BLUE	KOSEI ATTACK	PALM/PUNCH COMBO	FRONT/PUSH COMBO	TAKE A KNEE	FORWARD BREAKFALL	SINGLE LEG TAKEDOWN
GREEN	HICHO FLYING BIRD	BACKFIST	TOE STAB	HICHO BLOCK	BACKWARD BREAKFALL	GANSEKI NAGE
RED	HOKO ANGRY BEAR	SHUTO	JUMP KICK	LEAP/ DUCK	HIGH LEAP LEGS CROSSED	ROUND KICK TAKEDOWN
BROWN	DOKO ANGRY TIGER	ELBOW STRIKE	KNEE STRIKE	DOKO ROLL	DIVE ROLL	SEOI NAGE

Dojo Etiquette (*Rei*):

- Please remove your shoes, and make sure your feet are clean and dry before entering the dojo.
- Bow towards the *kamidana* (shrine) as you step on the mat. (Treat the *kamidana* as though the pictures are living people at all times)
- Line up with *sempai* (senior students) on the right and *kohai* (junior students) on the left. (Refer to all senior students as *sempai* until given permission not to personally)
- Student Creed:
*I believe in myself. I am confident. I can accomplish my goals.
I believe in what I study. I am disciplined. I am ready to learn and advance.
I believe in my teachers. I show respect for all who help me progress.*
- Bow, *Onegaishimasu* (Now we're ready to get started!)
- As you leave class, turn and bow to the *kamidana*.

Counting in Japanese:

- 1 - ichi
- 2 - ni
- 3 - san
- 4 - shi (yon in conversation)
- 5 - go
- 6 - roku
- 7 - shichi
- 8 - hachi
- 9 - ku
- 10 - ju